

BABY

BOOT CAMP

JAN 10

FEB 9

MAR 9

APR 13

MAY 11

JUN 8

JUL 13

AUG 10

SEP 14

OCT 12

NOV 7

8AM-4PM

A full-day class to provide parents with an understanding of their infant's world and basic skills for the transition to parenthood.

TOPICS

- ★ POSTPARTUM
- ★ PERIOD OF PURPLE CRYING
- ★ SHAKEN BABY SYNDROME (SBS)
- ★ SUDDEN INFANT DEATH SYNDROME (SIDS)
- ★ BASIC INFANT CARE & BABY SAFETY
- ★ PARENTAL SELF-CARE

