

#### BLDG 1438 | 760-830-7622

The New Parent Support Program (NPSP) provides services to parents with children five years old and under. The NPSP conducts home visits and teaches Baby Basics as well as Nurturing Parenting classes. The program helps soon-to-be, new and even seasoned parents improve their parenting skills, under the careful guidance of licensed providers.

# 12 Steps to NPSP

Prepare for parenthood

Become more confident as a parent

Understand the ages & stages of your child's development

Develop a support system

Manage stress

Improve communication

Develop common ground with your spouse regarding parenting

Improve your relationship with your children

Develop new friendships

Make parenting fun

Be a better parent

Feel more at home in the military community

#### BLDG 1417 | RM 32 | 760-830-4997

The Sexual Assault Prevention and Response (SAPR) Program addresses specific needs for victims of sexual assault The SAPR Program serves as the single point of coordination for sexual assault prevention annual trainings and all sexual assault response actions aboard MCAGCC.

Restricted and Unrestricted Reporting Options

24/7 Victim Advocacy Services (Uniform and Civilian)

Medical, Investigation and Legal Process Accompaniment

**Counseling Referrals** 

**24/7 Sexual Assault Hotline 760-799-0273** 



Response

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**Prevention** 

Sexual Assault

The Behavioral Health Branch (BHB) is committed to ensuring the mental wellness of our Marines, Sailors and their families. Our mission is to provide evidence based prevention and intervention techniques, focusing on a holistic approach to include mind, body, spirit and social aspects of one's life, in order to enhance the readiness of the Marine Corps.



#### **SECTIONS INCLUDE:**

Community Counseling Center (CCC)
Family Advocacy Program (FAP)
Substance Abuse Counseling Center (SACC)
New Parent Support Program (NPSP)
Sexual Assault Prevention and Response (SAPR)





## BLDG 1438 | 760-830-6345

The Family Advocacy Program (FAP) assists commanders by providing prevention classes and briefs aimed at stress reduction, improved marital communications and parenting skills. When domestic or child abuse has already occurred, FAP will offer victim advocacy services and interventions designed to provide support for victims of abuse and reduce the risk for repeated incidents.

Domestic Abuse
Child Abuse/Neglect
Victim Advocates
Prevention and Education (P&E)
Classes
Training

VICTIM ADVOCATES ON CALL 24/7 760-362-9837 BLDG 1438 | 760-830-7277

The Community Counseling Center (CCC) offers counseling to Marines, Sailors and their family members, including children and teens. Our goal is to educate individuals on how best to address significant life issues in their earliest stages, before they escalate into more serious problems.

Marine Intercept Program (MIP) - provided by the CCC clinical staff.

Center

Counseling

Community

Interpersonal relationships

Marital problems

Dealing with stress

Adjustment issues

New to the USMC Blended Families Deployment Stress Divorce

Parenting skills

Grief and loss

Difficulties with transition

PCS

Retirement

### BLDG 1437 | 760-830-6376

The Substance Abuse Counseling Center (SACC) provides services for those experiencing concerns about or issues related to their alcohol or substance use. Our services are safe, effective and client-centered. SACC services include prevention and educational services; as well as screening and treatment services. SACC's goal is to provide the best quality care in the most efficient manner.

Early Intervention (EI)
Outpatient Services (OP)
Intensive Outpatient Services (IOP)
Drug Demand Reduction (DDR)
Prevention and Education (P&E)

