

October 2026



Any questions, email MCCSOps@usmc-mccs.org



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<https://29palms.usmc-mccs.org/mccs-connect> or scan QR codes.



Date	Time	Event Title	Location	Description/Purpose	Target Audience	MCCS Program/POC
09/09-10/28	1800-2000	Active Duty Events: Billard's Club	Spike's Place Bldg. 1532	Join us every Wednesday at 1800, 9/9-10/28, for a laid back evening of billiards, friendly competition and great company at Spike's Place. Whether you're a seasoned player or just learning the game, everyone is welcome. Come sharpen your skills, meet new people and enjoy a fun night around the table!	Active - Duty	Courtney Chambers Courtney.Chambers@usmc-mccs.org 760-830-4767
10/01	1000-1130	Self-Care Workshop	Education Center Bldg. 1530	Join us for a relaxing hour designed to help you slow down, recharge and reconnect with yourself. Activities include: Creative coloring, guided breathing exercises, mindfulness practices and community connection. Register by 9/28 by emailing plmsmctb@usmc.mil or calling 760-830-3674.	Spouses	Jeremy young Jeremy.L.young@usmc.mil 760-830-3674
10/01-10/31	CCL: 0800-1930 SMBL: 1000-1730	TeenTober	Combat Center Library Bldg. 1524 Shadow Mountain Branch Library Bldg. 692	Each week teens will get to step by the libraries to participate in various Halloween themed activities. 1-10. Oct: "Piece it Together" - puzzling in the library 11-17 Oct: " Spine Poetry" - using spines from books to make poetry 18-24 Oct: "Will it Stick?" - variety of treats on the Halloween theme stuck on a stick 25-31 Oct: "Spooky Season Crafts" - Halloween-themed crafts. No registration required.	Teens (12-17)	Julie Bramman Julie.bramman@usmc-mccs.org 760-830-6875
10/02	1630-1900	Teen Hangout	New Horizons CDC Bldg. 694	The theme for October's Teen Hangout is Self Care. Take a break, unwind, and enjoy a variety of self-care and wellness activities in a welcoming environment. Participants can enjoy breathing techniques, calming music, light refreshments, and fun games while spending time with friends. Register online by 9/30. https://29palms.usmc-mccs.org/calendar-of-events .	Teens(13-17)	Yukiko Grow Yukiko.grow@usmc-mccs.org 760-830-3340
10/02	1400-1530	Triple P: Positive Parenting Program	Education Center Bldg. 1530	This monthly seminar series offers practical, easy-to-use strategies to help parents manage everyday challenges - from toddler tantrums to pre-teen behavior-while strengthening connection and communication at home. The program consists of three 90-minute seminars. Registration is required 1 week prior to the class date. Register today by calling 760-830-6345 or email plmsfap@usmc.mil .	Active - Duty, Single Marines, Retirees, Spouses	Melissa Billings plmsfap@usmc.mil 760-830-6345
10/02	1500-1700	Teen-Scape	Shadow Mountain Branch Library Bldg. 1532	Teen-Scape encourages teens to come together and be more involved in their community a the library. Learning new things on the way, such as book making, cooking, sewing and more. No registration required.	Active - Duty	Darryl Elliot darryl.elliott@usmc-mccs.org 760-830-4767
10/02	1800-2100	Active Duty Events: RC Car Races	East Gym Bldg. 1588	Ready to race? Grab the remote and hit the track! Come battle it out with your fellow Marines & Sailors in an action-packed night of RC racing, competition, and bragging rights. Whether you're a seasoned racer or have never touched an RC car, come out, have some fun and see if you've got what it takes to get the checkered flag! No registration required. Free to participate.	Authorized Patrons	Ricky Shadowens 29athletics@usmc-mccs.org 760-830-6857
10/03	1200-2330	Active Duty Trip: 2026 Pacific Air Show	Huntington Beach, CA	Get ready or a full-throttle day at the beach! Watch the world's best military and aerobatic pilots tear up the sky with insane stunts, high speed flybys, and jaw-dropping formations. Bring your crew, hit the beach, soak up the SoCal vibes, and experience one of the biggest airshows on the West Coast! Sign Ups start 9/18 until sports are filled at Spike's Place, Bldg. 1532. Price TBD.	Active - Duty	Darryl Elliot darryl.elliott@usmc-mccs.org 760-830-4767
10/05	1300-1500	Employment Workshop	Bldg. 1526	This workshop will enhance your employability, build your confidence, and prepare you for success. Learn about resume building/writing, job search and application submission. Register by calling 760-830-4029, emailing plmsppd@usmc.mil , or signing up in person.	MCAGCC Patrons	Chris Ward Christopher.L.ward@usmc.mil 760-830-4029
10/06	1000-1100	EFMP Fall Workshop: Accessing Community Resources	Bldg. 1447N	This workshop helps families understand the importance of utilizing local and national support services designed to help them manage the unique challenges of military life. Register by 10/2 via email: plms_mccs_efmp@usmc.mil or calling 760-830-7740.	Families	Alysia Mayberry-Harris alysia.mayberryharri@usmc.mil 760-830-7740
10/06	1630-1730	Imagination Station	Bldg. 1447N	This engaging event provide EFMP Families and military service members with a safe and welcoming environment to express themselves artistically while building valuable support networks and fostering relationships with other parents.	Families	Alysia Mayberry-Harris alysia.mayberryharri@usmc.mil 760-830-7740

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10/7-12/09	1730-2130	Intramurals Futsal League (Commander's Cup)	Futsal Arena (Heritage Park)	Join us for the Commanders Cup Futsal League starting 10/14 at the new AFAP Futsal Arena turf field, with games on Monday and Wednesday nights. The league is free for authorized patrons, played 5v5, requires shin guards, and awards Commander's Cup points. A mandatory coaches meeting will be held on 9/30/2026 at 1730, registration closes at 9/29.	Authorized Patrons	Ricky Shadowens 29athletics@usmc-mccs.org 760-830-6857
10/7-12/10	1730-2130	Intramurals Falls Softball League (Commander's Cup)	Felix Field	The 2026 Commander's Cup Slow Pitch Softball Fall Season begins October 20th, with games on Tuesday and Thursday nights at Felix Field. The league is open to all authorized patrons, fee for Active Duty, and \$20 for non-active duty players, with a mandatory coaches meeting on 10/14 at 1730. Registration is not open and closes on 10/13. More information is available at 760-830-6867 or 29athletics@usmc-mccs.org.	Authorized Patrons	Ricky Shadowens 29athletics@usmc-mccs.org 760-830-6857
10/07	1000-1100	Transitioning to Adulthood Virtual Series	Virtual	This event is designed for families and caregivers of individuals with special needs, covering topics such as survivor benefits planning, special needs trusts, understanding permanent dependency, IEP transition planning, and navigating TRICARE. Register by 10/3 Via email plms_MCCS_EFMP@usmc.mil or calling 760-830-7740.	Families	Alysia Mayberry-Harris alysia.mayberryharri@usmc.mil 760-830-7740
10/08	0800-1600	Baby Boot Camp	Register for Location	Psychoeducational class for expectant/new parents. It includes education on parental self-care of a newborn. Register by 10/1 via email, plmsfap@usmc.mil or by calling 760-830-7622	Parents	Anna Thomalla plmsfap@usmc.mil 760-830-7622
10/08	1630-1930	L.I.N.K.S. Foundations	Education Center Bldg. 1530	Learn the insider tips every military spouse need to thrive-at new duty stations, in new communities, and through every twist of the military lifestyle.	Spouses	Samantha Sortino plmsmcfb@usmc.mil 760-830-1696
10/10	1300-0130	Active Duty Trip: Pitbull and Gwen Stefani Concert at MCRD	San Diego, CA	Get ready for an unforgettable nigh as Pitbull and Gwen Stefani bring the energy to MCRD San Diego on 10/10! Dance, sing along to your favorite hits, and enjoy a night of live music, good vibes, and unforgettable memories with your SMP crew. Free to go, registration starts 9/24 at Spike's Place, Bldg. 1532.	Active - Duty	Darryl Elliot darryl.elliott@usmc-mccs.org 760-830-4767
10/13	1000-1100	Special Education Workshop Series	Virtual	This workshop will help families navigate the special education services available for their children in school. Addressing Behavior Problems at school, unlocking the mysteries of IEP Assessments, crafting & Critiquing IEP and Tactics & strategies for IEP Meetings, and intro to Special education including IEP/IFSP. Register at https://29palms.usmc-mccs.org/calendar-of-events .	Families	Alysia Mayberry-Harris alysia.mayberryharri@usmc.mil 760-830-7740
10/14-10/16	0830-1600	Command Financial Specialist	Education Center Bldg. 1530	Our trained command Financial Specialist will provide financial education and training, counseling, and information referral at the command level. Registration required by 7/10 by calling 760-80-4032 or emailing plmsppd@usmc.mil.	Active - Duty	Hunter Keniry hunter.keniry@usmc.mil 760-830-4032
10/14	1400-1500	Quarterly Scoop with EFMP	Bldg. 1447N	This event is build to engage with service members and DoD cardholder families at various MCCS Venues to provide a brief overview of EFMP and share information on available local resources.	Families	Alysia Mayberry-Harris alysia.mayberryharri@usmc.mil 760-830-7740
10/14	0900-1030	Smooth Move	Career Resource Office Bldg. 1526	the purpose of the Smooth Move event is to provide service members and their families with mandatory information they need for their permanent Change of Station (PCS) Move. MCO 1745.11 state that all transferring service members are to attend a mandatory PCS departure workshop at least 60-90 days prior to transfer. Register by calling 760-830-6344 or emailing plmsppd@usmc.mil.	Active - Duty & Spouses	Brittany Rising Brittany.rising@usmc.mil 760-830-6344
10/15	1300-1500	Within my Reach	Education Center Bldg. 1530	This class will help couples navigate relationship education, skills and decision making to help participants achieve their goals in relationship, family and marriage. Register 2-days prior to class date.	Active - Duty & Spouses	Melissa Billings plmsfap@usmc.mil 760-830-6345
10/16	1800-2000	Single Marine Laser Tag	Del Valle HITT Field	Single Marines aboard MCAGCC 29 Palms are invited out to play laser tag "Capture the Flag" Event hosted by Marine Corps Family Team Building. Food, drinks and music will be provided. Register by stopping by Spike's Place!	Active - Duty	Zachery Hill zachery.hill@usmc.mil 760-830-3115

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10/16	1700-1900	Family Readiness Binder Making Night	Education Center Bldg. 1530	This is an interactive and informative workshops designed to prepare military families to be "ready for anything". The event teaches families how to organize and be prepared for a deployment cycle, military life with intermittent and sometime unexpected trainings, temporary duty assignments and military schools, or everyday civilian life. This class will inform, education, and assist all attendees with maintaining a current state of readiness.	Active - Duty & Spouses	Jeremy young Jeremy.L.young@usmc.mil 760-830-3674
10/17	1500-0000	Active Duty Trip: Queen Mary Dark Harbor	Long Beach, CA	Long Beach Dark Harbor. Get ready for a night of spine-tingling thrills as the Spike's Place is heading to Dark Harbor, Southern California's most haunted Halloween event! Price for Event: \$60 (*price subject to change),all other costs at the expense of patron. Open to Active Duty only. Registration begins 10/2 until all sports are filled by Spike's Place Bldg. 1532.	Active - Duty	Darryl Elliot darryl.elliott@usmc-mccs.org 760-830-4767
10/17	1100-2300	Active Duty Event: Horror Movie Day	Spike's Place Bldg.1532	Get ready for a full day of scares, screams and spooky vibes at Spike's Place! Join us from opening to closing for a horror movie marathon featuring creepy classics, terrifying favorites, and plenty of jump scares. The event is FREE, and we'll have popcorn available to keep you fueled through every movie. Grab your friends, get comfortable, and spend the day seeing if you can make it through the ultimate horror movie marathon!	Active - Duty	Alejandro Galicia Alejandro.Galicia@usmc-mccs.org 760-830-4767
10/18	0900-1800	Active Duty Trip: Oak Glen and Apple Annies	Oak Glen, CA	Escape to the mountains for a perfect fall day in Oak Glen! Come hang out with your crew, enjoy the crisp autumn vibes, explore the local shops, and visit Apple Annie's for all things apple-themed. Grab some delicious fall treats, snap some great photos, and enjoy a chill day away from base surrounded by a beautiful fall scenery. Registration starts 10/2 at Spikes Place. Free to take the shuttle up. Purchases are the patron responsibility .	Active - Duty	Courtney Chambers Courtney.Chambers@usmc-mccs.org 760-830-4767
10/19-12/17	1700-2000	YS Volleyball League	East Gym Bldg.1588	Get ready to serve, set and spike in your Youth Volleyball program! Designed for kids ages 7-14,this program offers a fantastic opportunity for young athletes to develop their volleyball skills, learn teamwork, and have fun in a supportive and encouraging environment. Price: \$39.99 register at https://mccs29palmsyouthsports.leagueapps.com/leagues now until 10/16.	Teens/ Children, Ages 7-14 (not in High School)	Dave LaBonte Dave.Labonte@usmc-mccs.org 760-830-6857
10/19	1300-1600	L.I.N.K.S. Events &Etiquette	Education Center Bldg. 1530	Spouses will be taught the L.I.N.K.A. module Events &Etiquette to get them ready for the Marine Corps Birthday Ball and other events during this time. Participants will experience a formal table setting, understand appropriate attire and learn how to conduct themselves and others. Registration is required by 10/15 via call 760-830-3110 or emailing plmsmctfb@usmc.mil. Childcare is not provided.	Spouses	Samantha Sortino plmsmctfb@usmc.mil 760-830-1696
10/20	1000-1130	EFMP Fall Workshop: Intro into EFMP/ Respite Care	Bldg. 1447N	The objective of this training is to help families understand the purpose and importance of EFMP. Register by 10/16 via email plms_MCCS_EFMP@usmc.mil or calling 760-830-7740	Families	Alysia Mayberry-Harris alysia.mayberryharri@usmc.mil 760-830-7740
10/21	0900-1100	CG's Welcome Aboard Brief	Base Theater Bldg. 1510	Commanding General's Welcome Aboard Brief. Registration is not required.	Active - Duty / Families	Brittany Rising Brittany.rising@usmc.mil 760-830-6344
10/21	1400-1800	Strike Out Domestic Violence	Sandy Hill Lanes Bldg. 1584	In recognition of Domestic Violence Awareness Month (DVAM), the Family Advocacy Program invites military families and authorized patrons to "Strike out Violence". The first 100 participants who register in advance will receive 1-hour of free bowling, complimentary shoe rental, and light refreshments (pizza &soda) Starting at 1400. Register online at https://29Palms.usmc-mccs.org/calendar-of-events .	MCAGCC Patrons	Melissa Billings plmsfap@usmc.mil 760-830-6345
10/22	0800-1600	Baby Boot Camp	Register for Location	Psychoeducational class for expectant/new parents. It includes education on parental self-care and care of a newborn. Register by 10/15 via email plmsfap@usmc.mil or calling 760-830-7622	Parents	Ana Thomalla plmsfap@usmc.mil 760-830-6345
10/22	1300-1500	Within my Reach	Education Center Bldg. 1530	This class will help couples navigate relationship education, skills and decision making to help participants achieve their goals in relationship, family and marriage. Register 2-days prior to class date.	Active - Duty & Spouses	Melissa Billings plmsfap@usmc.mil 760-830-6345

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10/22	1300-1600	Spouse Transition & Readiness Seminar (STARS)	Career Resource Office Bldg. 1526	STARS helps military families take on the transition to civilian life with confidence. The seminar give spouses and service members the support, tools, and resources they need to navigate the challenges ahead and embrace new opportunities together. Registration is recommended by calling 760-830-4029	Spouses	Chris Ward Christopher.L.ward@usmc.mil 760-830-4029
10/23-10/30	1100-1300	Red Ribbon Week	Spike's Place Bldg. 1532 MCX Bldg. 1502	Join the Substance Assessment Counseling Program (SACP) and behavioral health volunteers aboard for Red Ribbon Week! Stop by our information tables at Spike's Place and the MCX daily from 1100-1300 to sign a drug-free pledge ribbon and pick up prevention resources, red ribbons, and pick up a Scavenger Hunt map. Participants can hunt for stamps across collaborating MCCS facilities, receive 5/6 stamps for a chance to win a MCX gift card.	MCAGCC Patrons	Breanna Kyle breanna.kyle@usmc.mil 760-830-4096
10/23	1800-2100		Del Valle Softball Fields	Marine Corps Community Services is hosting the annual Jack O' Lantern Jubilee. Come as you aren't for some SPOOK-tacular fun! This free event is open to authorized patrons and will consist of safe trick or treating, interactive games for all ages, bounce houses, haunted houses, music, dancing, unit and food vendors. Details at MCCS29.org	MCAGCC Patrons	Wanda Christians wanda.christians@usmc-mccs.org 760-830-5086
10/24	1000-0030	Active Duty Trip: Universal Studio Horror Night	Hollywood, CA	Spike's Place is heading to Universal Studios Halloween Horror Nights Southern California's scariest Halloween event where guests step directly into their worst nightmares. The trip is open to Active Duty only, prices at \$110, with registration starts 10/9 until all spots are filled, If you're brave enough, don't miss your chance to join the fright fest on the backlot.	Active - Duty	Darryl Elliot darryl.elliott@usmc-mccs.org 760-830-4767
10/26	1000-1100	EFMP Fall Workshops: Recreation Inclusion Opportunities	Bldg. 1447N	The objective of this training is to help families understand the purpose and importance of EFMP. Register by 10/22 via email plms_MCCS_EFMP@usmc.mil or calling 760-830-7740.	Families	Alysia Mayberry-Harris alysia.mayberryharri@usmc.mil 760-830-7740
10/29	1300-1500	Within my Reach	Education Center Bldg. 1530	This class will help couples navigate relationship education, skills and decision making to help participants achieve their goals in relationship, family and marriage. RSVP 2 days prior to class date.	Active - Duty & Spouses	Melissa Billings plmsfap@usmc.mil 760-830-6345
10/30	0900-1500	Gottman's 7 Principles Couples Workshop	Education Center Bldg. 1530	Join us for a fun, interactive one-day couples workshop featuring Dr. John Gottman's "Seven Principles of Making Marriage Work." Enjoy Coffee and light appetizers, a catered lunch, and quality time together while investing in and strengthening your relationship. This workshop provides an opportunity to connect, learn and practice strategies that can support a healthy, lasting relationship. Email plmsfap@usmc.mil or call 760-830-6345 to register.	Active - Duty & Spouses	Melissa Billings plmsfap@usmc.mil 760-830-6345
10/30	1100-1700	FASFA Workshop	Education Center Bldg. 1530	The FASFA workshop is a onthly workshop open to all eligible base personnel, offering step-by-step guidance on completeing the Free Application for Federal Student Aid (FASFA). The session covers deadlines, required documents, and tips for maximizing aid eligibility, helping participants access federal grants, loans and scholarships for higher education. No registration required.	MCAGCC Patrons	Erin Keeran erin.i.keeran@usmc.mil 760-830-3123
10/30	1500-1700	Halloween at the Library	Shadow Mountain Branch Library Bldg. 692	Join us a the Shadow Mountain Branch Library for a Halloween carnival with candy, crafts and games! There will be light refreshmenst and small prizes for games. Registration is not required.	MCAGCC Patrons	Ashley Harrell plmsppd@usmc.mil 760-830-4265
10/30	1700-1930	Firefighter Story time and Fire Safety Adventures	Community Center Bldg. 1004	Firefighter-led story time featuring a fire safety themed book. Introduction to protective equipment, with oppotunities for participants to ask questions. Up-close exploration of a fire truck and learning about the tools firefighters use during emergencies. Supervised firefighter water demonstration, where firefighters may spray a gentle mist from the fire truck hose to create a fun and memorable experience for children. No registration required.	Authorized Patrons	Michella Kosa Michelle.Kosa@usmc-mccs.org 760-830-3910

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10/30	1730-2000	Active Duty Event: Killer Karaoke: The Final Encore Karaoke and Murder Mystery Night	Spike's Place Bldg. 1532	Think you've got what it takes to solve a murder AND steak the spotlight? Join us at Spike's Place for a Halloween night of Karaoke, mystery, clues, and Chaos! One person is dead, the killer is hiding among us, and every song could reveal a clue. Grab the mic, sing your heart out, investigate the evidence, and see if you can figure out WHO DID IT before the final encore! Free to participate, sign ups start 10/26, until spots are filled.	Active - Duty	Courtney Chambers Courtney.Chambers@usmc-mccs.org 760-830-4767
10/31	0900-1100	Floating Pumpkin Patch	Training Tank Bldg. 1508	Floating Pumpkin Patch. Dive into the pool to retrieve your very own floating pumpkin! Whether you're in it for the thrill or just want a festive gourd to decorate, this event is a fun, family-friendly way to celebrate the season. Free and open to all authorized patrons. Registration not required. Bring your swim gear, your pumpkin spirit, and maybe a towel or two. First come, first splashed!	Authorized Patrons	Wesley Geduld wes.geduld@usmc-mccs.org 760-830-6212
10/31	1800-2200	Active Duty Event: Halloween Party	Spike's Place Bldg. 1532	Get ready for a hauntingly good time at the Spike's Place Halloween Party! Celebrate the spooky season with classic fall games, festive good and plenty of fun-all in the spirit of camaraderie and seasonal cheer. Free for Active - Duty only. No registration required. Costumes optional, good vibes mandatory. Come for the candy, stay for the memories!	Active - Duty	Courtney Chambers Courtney.Chambers@usmc-mccs.org 760-830-4767
TBD	0630-1000	Tun Tavern Run	Victory Field to Heritage Park	Join us as we celebrate Marine Corps pride and the Marine Corps Birthday at this Tun Tavern Run! This non-competitive fun run/walk is open to all and designed to honor the founding of our Corps in true Marine fashion- through camaraderie, fitness and tradition. Registration is now open https://mccs29palmsintramuralsports.leagueapps.com/events	Authorized Patrons	Ricky Shadowens 29athletics@usmc-mccs.org 760-830-6857
Weekly Events in October						
Date	Time	Event Title	Location	Description/Purpose	Target Audience	MCCS Program/POC
Every Monday, Thursday & Friday	Mon: 1500 Thurs: 1100 Fri: 1300	Tuition Assistance Brief	Education Center Bldg. 1530	A Tuition Assistance brief for active duty Marines covers eligibility, application steps, funding limits, and reimbursement policies. It explains how to request TA, complete required training, work with an Education Counselor. The brief also highlights selecting accredited schools and aligning education goals with personal and professional advancement. No registration required. Thursday session available via Zoom ID: 857 8254 0349 / Password: TA	Active - Duty	Erin Keeran erin.i.keeran@usmc.mil 760-830-3123
Every Thursday	1000-1200	7 Principles of Making Marriage Work	Education Center Bldg. 1530	The Seven Principles of Making Marriage Work by John Gottman and Nan Silver is a series of 12 couples workshops teaching principles geared at strengthening relationships. A certificate of completion will be awarded upon successful participation in all (12) workshops.	MCAGCC Patrons	Melissa Billings plmsfap@usmc.mil 760-830-6345
Every Tuesday	1100-1200	Warrior Network Group	Education Center Bldg. 1530	The Warrior Network Group offers five onboarding lessons covering key programs and resources. Lesson 1 (required) is held the first Tuesday of each month, while Lessons (2-5) can be completed on any following Tuesday for flexible scheduling.	Active - Duty	RWS, Jamie Garcia jamie.garcia@usmc-mccs.org 760-830-6560
Every Tuesday	1100-1200	Tiny Tales Lapsit	Shadow Mountain Branch Library Bldg. 692	Bring your little ones to the Shadow Mountain Branch Library every Tuesday for a cozy, in-person story time designed just for ages 0-3! Enjoy delightful tales, early literacy fun, and a chance to bond with your child in a warm, welcoming setting. No Registration needed - just drop in and join the magic of storytelling. It's the perfect weekly outing for families with toddlers!	Active Duty Families Children 0-3yrs	Ashley Harrell plmsppd@usmc.mil 760-830-4265
Every Wednesday	0900-1100	Warrior Maintenance: Stress Management	Education Center Bldg. 1530	A four week stress management class designed to teach healthy strategies to manage daily stress and learning effective techniques to handle stressors, communicate and overcome challenges. Participants will learn about controllable vs. uncontrollable stressors, techniques to overcome negative thinking, strengthening connections by learning effective communication skills, and connection between sleep, exercise, diet, and stress.	MCAGCC Patrons (18+)	Melissa Billings plmsfap@usmc.mil 760-830-6345

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Every Wednesday	1300	GI Bill Workshop	Education Center Bldg. 1530	This GI Bill workshop gives an overview of education benefits for active duty, retirees, and veterans. Learn about eligibility, transfer options, application steps, and key differences between Post -9/11 and Montgomery GI Bill programs. Gain the knowledge to make informed decisions and maximize education and career opportunities. No registration required.	Active - Duty Veterans Retirees	Erin Keeran erin.i.keeran@usmc.mil 760-830-3123
Every Thursday	1000-1100	Century Anger Management (CAM)	Education Center Bldg. 1530	Series of 8 classes which reviews tools for anger management to assist participants with examining triggers, personal health, and constructive ways to express frustrations to effectively communicate with others. Complete all 8 modules and receive a certificate of completion. Call for more information.	Active Duty Adult Dependents	Nina Morales plmsfap@usmc.mil 760-830-6345
Every Thursday	1330-1600	Pre-Separations Brief	Career Resource Office Bldg. 1526	The Pre-Separation Brief is a required step in the transition process. Contact your command for information before registering.	Active - Duty	McArthur Wright mcarthur.wright@usmc.mil 760-830-5955
Every Thursday	1600-2000	Farmers Market	MCX Bldg. 1502	Farmers Market Farm Fresh Veggie and Fruit Stands, Local Makers, Food Truck Specialty Foods, Arts & Crafts, Gifts, Gifts, Music & More.	MCAGCC Authorized Patrons	Robert Kelley robert.kelley@usmc-mccs.org 760-830-6181
Every Friday	0900-1200	FASFA Fridays	Education Center Bldg. 1530	FASFA Fridays provide drop in help for eligible base personnel completing the Free Application for Federal Student Aid (FASFA). Staff are available to answer questions, review documents, and offer guidance to maximize financial aid for higher education. No registration required.	MCAGCC Authorized Patrons	Erin Keeran erin.i.keeran@usmc.mil 760-830-3123
Every Wednesday & Saturday	1100-1200	Wood Hobby Shop: Safety Class	Wood Hobby Shop Bldg. 1342	Woodworking safety class teaches proper techniques to present injuries and ensure a safe workspace. Learn tool use, material handling, PPE, and emergency procedures. Gain skills to safely operate saws, drills, and sanders, recognize hazards, and maintain an organized shop. Required for Wood Hobby Shop access. FREE every Wed at 1700 & Sat at 1100. No Sign-up needed-just show up! Info: 760-830-7214.	MCAGCC Authorized Patrons (Ages 16-17 w/adult or 18+)	Robert Henry Robert.henry@usmc-mccs.org 760-830-7214
Second and Fourth Monday	1730-2030	Active Duty Event: Dungeons and Dragons	Spike's Place Bldg. 1532	Calling all adventurers! Join us for Dungeons & Dragons Sessions held at Spike's Place on the Second and Fourth Monday of each month. Whether you're a seasoned dungeon crawler or brand new to the game, all are welcome to roll the dice and five into epic quests. bring your imagination, your character sheet (or create one on the spot), and get ready for an evening of storytelling, strategy, and fun. No registration needed-just show up and join in!	Active - Duty	Alejandro Galicia Alejandro.Galicia@usmc-mccs.org 760-830-4767
Second and Fourth Tuesday	1100-1200	Moms, Pops, and Tots Playcorner	Shadow Mountain Branch Library Bldg. 692	The Moms, Pops &Tots Playcorner playgroup allows parents of children ages 0-3 to receive education and support in parent-child interactions. NPSP Staff will be available on the 2nd &4th Tuesday of each month at the Shadow Mountain Branch Library with educational information and activities. Join us at the same time as the Tiny Tales Lapsit.	Children (0-3yrs)	Ana Thomalla & Molly Valencia plmsfap@usmc.mil 760-830-7622

WEEKLY GROUP EXERCISE SCHEDULE						
Every Monday	0900-1000	Power Hour	Community Center Bldg. 1004	Start your week out strong with an interval based class in the Fitness Center (Child room available to keep child(ren) in line of sight). Power Hour is a free class and will be first come first serve.	MCAGCC Patrons	Nicole Mintz Nicole.Mintz@usmc-mccs.org 760-830-5076
Every Monday and Thursday	1130-1230	ZUMBA	Community Center Bldg. 1004	Tone and sculpt the body with an easy-to-follow class. Aerobic/ fitness interval training with a combination of fast and slow rhythms. A \$3 dollar fee to be paid by credit card only for classes on Monday and Wednesdays. All classes will be first come first serve.	MCAGCC Patrons	Nicole Mintz Nicole.Mintz@usmc-mccs.org 760-830-5076
Every Wednesday	0900-0945	AB Attack	Community Center Bldg. 1004	A 30-minutes focused ab session. Ab Attack is a free class and will be first come first serve. No registration required.	MCAGCC Patrons	Nicole Mintz Nicole.Mintz@usmc-mccs.org 760-830-5076

October 2026

Any questions, email MCCSOps@usmc-mccs.org

<https://29palms.usmc-mccs.org/>

Date	Time	Event Title	Location	Description/Purpose	Target Audience	MCCS Program/POC
Every Wednesday	1800-1830	Water Aerobics	Training Tank Bldg. 1502	Join this 30-minute water aerobics class for a low impact, total body workout that improves strength, endurance, a and mobility. Water resistance provides effective training while minimizing joint stress. Open to all fitness levels.	MCAGCC Patrons	760-830-6212
Every Thursday	0900-1000	Cycle & Strength	Community Center Bldg. 1004	A combination of strength and cardiorespiratory training. Focus on traditional weight room exercises with heart pumping cardio drills on the bike. Cycle and Strength is a free class and will be first come first serve. No registration required.	MCAGCC Patrons	Nicole Mintz Nicole.Mintz@usmc-mccs.org 760-830-5076
Every Friday	0900-1000	TGIF	Community Center Bldg. 1004	Switch it up with this hard-hitting class to send you strong into the weekend. TGIF is free class and will be first come first serve. No Registration required.	MCAGCC Patrons	Nicole Mintz Nicole.Mintz@usmc-mccs.org 760-830-5076