



# February 2026



<https://29palms.usmc-mccs.org/>

Any questions, email [MCCSOps@usmc-mccs.org](mailto:MCCSOps@usmc-mccs.org)

Date	Time	Event Title	Location	Description/Purpose	Target Audience	MCCS Program POC
02/01-02/21	CCL: 0800-1930 SMBL: 1000-1730	Blind Date with a Book	Combat Center Library, Bldg. 1524 Shadow Mountain Branch Library, Bldg. 692	Patrons choose books outside of their normal reading genre. Patrons will choose from a selection of wrapped books which contain a short description of the book on the outside. Patrons can check-out the book, read and write a short review and submit their review for a chance to win a prize basket. This event is for adults only. No registration is required. One prize basket will be awarded at each location.	Adults	Ashley Harrell <a href="mailto:plmsppd@usmc.mil">plmsppd@usmc.mil</a> 830-6875
02/01	0800-1300	Active Duty Trip: LocalFinds Trip- Yucca Valley	Yucca Valley, CA	This is a full day of exploring the charm of Old Town Yucca Valley with LocalFinds' free bus trip—no sign-up required, just show up and grab a seat (first come, first served, maximum of 14 participants). 8:00 AM the group will arrive in Old Town, to enjoy the town's antique shops, thrift stores, Route 62 Vintage Marketplace, Frontier Café, Hi-Desert Nature Museum, ArtFx & Furnishings and Gallery 62. The bus departs Yucca Valley at 1:00 PM, aiming to return by 2:00 PM.	Active-Duty	Courtney Chambers, <a href="mailto:courtney.chambers@usmc-mccs.org">courtney.chambers@usmc-mccs.org</a> , 830-6608
02/02	1300-1500	Employment Workshop	Career Resource Office, Bldg. 1526	This comprehensive workshop will enhance your employability, build your confidence, and prepare you for success. Resume Building/Writing, Job Search & Application Submission, learn effective job search strategies and receive support in applying to job vacancies. Register by February 2, 2026 by calling 760-830-4030, emailing <a href="mailto:plmsppd@usmc.mil">plmsppd@usmc.mil</a> , or in-person at CRO.	MACGCC Patrons	Gillian Luera <a href="mailto:plmsppd@usmc.mil">plmsppd@usmc.mil</a> 830-4030
02/03	1630-1730	Bee Creative	Exceptional Family Member Program, Bldg. 1447N	BEE Creative— This engaging event provided EFMP families and military service members with a safe and welcoming environment to express themselves artistically while building valuable support networks and fostering relationships with other parents. Register by calling EFMP at 760-830-7740.	EFMP Families	Alysia Mayberry-Harris <a href="mailto:alysia.mayberryharri@usmc.mil">alysia.mayberryharri@usmc.mil</a> 830-7740
02/03	1000-1100	Early Intervention Overview	Exceptional Family Member Program, Bldg. 1447N	This event is designed for parents, caregivers, educators, and professionals working with children ages 0–5. Attendees will gain a deeper understanding of how early identification and support can significantly enhance a child's developmental progress and long-term success. Register by February 3, 2026 at <a href="https://Tinyurl.com/EFMP-Workshops-Jan2026">Tinyurl.com/EFMP-Workshops-Jan2026</a> .	EFMP Families	Alysia Mayberry-Harris <a href="mailto:alysia.mayberryharri@usmc.mil">alysia.mayberryharri@usmc.mil</a> 830-7740
02/05	1700-2000	Sit and Paint Night	Education Center, Bldg. 1530	The Substance Assessment and Counseling Program Sit And Paint Night event is open to all MCAGCC patrons. The Sit and Paint Night is an event to provide outreach through art while also learning the importance of substance abuse awareness and the dangers that come with high risk substance abuse through literature and interactive activities. Dinner and non-alcoholic refreshments will be provided. Art supplies and promotion enhancements will be provided. Register by January 29, 2026	MCAGCC Patrons	Abel Castro <a href="mailto:abel.castro@usmc.mil">abel.castro@usmc.mil</a> 830-8145
02/05	1700-1900	Family Readiness Binder Making Night	Education Center, Bldg. 1530	This is an interactive and informative workshop designed to prepare military families to be “ready for anything”. The event teaches families how to organize and be prepared for a deployment cycle, military life with intermittent and sometimes unexpected trainings, temporary duty assignments and military schools, or everyday civilian life. This class will inform, educate, and assist all attendees with maintaining a current state of readiness. Register by February 4, 2026 at <a href="https://29palms.usmc-mccs.org/calendar-of-events">https://29palms.usmc-mccs.org/calendar-of-events</a> .	MCAGCC Patrons	Jeremy Young <a href="mailto:jeremy.l.young@usmc.mil">jeremy.l.young@usmc.mil</a> 830-3674
02/05	0800-1600	Baby Boot Camp	Register for location	Psychoeducational class for expectant/new parents. It includes education on parental self-care and care of a newborn. Register by January 29, 2025 by emailing <a href="mailto:plmsfap@usmc.mil">plmsfap@usmc.mil</a> or calling 760-830-7622.	MCAGCC Patrons (Expectant Parents)	Anna Thomalla <a href="mailto:plmsfap@usmc.mil">plmsfap@usmc.mil</a> 830-7622



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02/06	1530-1730	Teen-Scape	Shadow Mountain Branch Library, Bldg. 692	The event is designed for teens to explore their creativity in a space just for them. Enjoy unique art and craft events while socializing with friends. The craft for this month will be play detective while enjoying a themed medal. No registration required.	Children (12-17 yrs)	Ashley Harrell plmsppd@usmc.mil 830-6875
02/07	0800-1300	Active Duty Trip: LocalFinds Trip- Joshua Tree	Joshua Tree, CA	Join us for a half-day trip to Joshua Tree, California—no sign-up needed, just show up at Spike’s Place by 8:00 AM and grab a seat on the bus (first come, first served, with a 14-person limit & free ride). Starting at Joshua Tree Certified Farmers Market. Fresh local produce, handmade goods, desert-grown herbs, and artisan treats. Explore the nearby market, and shops. There’s something for everyone. The group reconvenes around 12:30 PM for the return trip, heading back to Spike’s Place by 1:00 PM.	Active-Duty	Courtney Chambers, courtney.chambers@usmc-mccs.org 830-6608
02/08	1400-2100	Active Duty Trip: Superbowl Party	Spike's Place, Bldg 1532	Join us on February 8th for an epic Super Bowl Party you can cheer on your favorite team with fellow fans. Whether you're in it for the touchdowns, the halftime show, or just the good vibes, we've got you covered. Free food and drinks. Multiple screen viewing experience. No need to RSVP—just show up, bring your team spirit, and get ready for a great time.	Active-Duty	Darryl Elliott darryl.elliott@usmc-mccs.org 830-4767
02/09-02/14	CCL: 0800-1930 SMBL: 1000-1730	Valentine Card Making	Combat Center Library, Bldg. 1524 Shadow Mountain Branch Library, Bldg. 694	Join us at both library locations for Valentine's Day festivities. Shadow Mountain Branch Library will be handing out Valentine's Day crafts and the Combat Center Library will be offering supplies to make your special someone a Valentine's Day card. No registration required.	MCAGCC Patrons	Ashley Harrell plmsppd@usmc.mil 830-6875
02/10	1000-1100	Managing Deployments	Exceptional Family Member Program, Bldg. 1447N	To give families steps towards preparing deployments, identifying child care options and arranging repite care. Help families recognize resouces and supports. Register by February 10, 2026 at Tinyurl.com/EFMP-Workshops-Jan2026.	EFMP Families	Alysia Mayberry-Harris alysia.mayberryharri@usmc.mil 830-7740
02/10	1100-1200	Moms, Pops, and Tots Playcorner	Shadow Mountain Branch Library, Bldg. 692	Monthly Moms, Pops & Tots Playcorner playgroup allows parents of children ages 0-3 to receive education and support in parent-child interactions. NPSP Staff will be available on the 2nd & 4th Tuesdays of each month at the Shadow Mountain Branch Library with educational information and activities.	Children (0-3 yrs)	Anna Thomalla plmsfap@usmc.mil 830-7622
02/11	0900-1030	Smooth Move	Career Resource Office, Bldg. 1526	Smooth Move event provides service members and their families with mandatory information they need for their Permanent Change of Station (PCS) Move. MCO 1745.11 States that all transferring service members are to attend a mandatory PCS departure workshop 60-90 days prior to transfer. Registration highly encouraged by calling 760-830-6344.	Active Duty / Spouse	Brittany Rising brittany.rising@usmc.mil 830-6344
02/12	1300-1600	Spouse Transition & Readiness Seminar (STARS)	Education Center, Bldg. 1530	The Spouse Transition and Readiness Seminar (STARS). Offering support and resources not only for the Active-Duty Service Members but also for their spouse and family. By recognizing the comprehensive nature of transition, STARS aims to prepare families for the challenges and opportunities that lie ahead, ensuring a smoother transition for all involved. Registration is recommended by calling 760-830-4030	Spouses	Gillian Luera plmsppd@usmc.mil 830-4030
02/13	1700-2300	Active Duty Trip: Coachella Valley Firebirds Hockey Game	Palm Desert, CA	Join us on February 13 for an exciting night of hockey as we head to the Firebirds game, where \$53.89 covers your ticket into the arena. This special game night features a unique giveaway—a Kraken/Firebirds split goalie mask—available while supplies last. It’s a great opportunity to experience the energy of live hockey, cheer on the Firebirds, and take home a collectible item. Don’t miss out—Sign up January 30 until spots fill.	Active-Duty	Darryl Elliott, darryl.elliott@usmc-mccs.org 830-4767



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02/14	1800-2000	Active Duty Event: Murder at the Heart Break Gala	Spike's Place, Bldg 1532	Spike’s Place, Murder at the Heart Break Gala, a thrilling murder mystery dinner experience. This free event is open to just 12 participants, so be sure to sign up early—registration begins on January 30, at Spike's Place until spots fill. Whether you're a seasoned sleuth or a first-time detective, come ready to solve the mystery, enjoy the company, and uncover the secrets hidden beneath the surface of the gala.	Active-Duty	Alejandro Galicia <a href="mailto:alejandro.galicia@usmc-mccs.org">alejandro.galicia@usmc-mccs.org</a> 830-4767
02/16	1830-2000	Active Duty Event: BINGO Night	Spike's Place, Bldg 1532	Mark your calendars for a fun-filled evening at BINGO Night on February 16! Taking place at Spike’s Place, this event is completely free to play and open to active-duty—no sign-up required. Just show up, grab a card, and get ready to shout “BINGO!” as you enjoy a relaxed night of games, laughs, and maybe even a few prizes. Whether you're a seasoned player or a first-timer, it's the perfect way to unwind and connect with your friends.	Active-Duty	Darryl Elliott <a href="mailto:darryl.elliott@usmc-mccs.org">darryl.elliott@usmc-mccs.org</a> , 830-4767
02/17	1300-1500	Passport to Volunteering	Education Center, Bldg. 1530	Everything you need to know about serving the Marine Corps & community! Come learn about how to find local volunteer opportunities, maintaining personal volunteer records, volunteer hour time management, and more! Registration required by emailing <a href="mailto:plmsmcftb@usmc.mil">plmsmcftb@usmc.mil</a> .	MCAGCC Patrons	Samantha Sortino <a href="mailto:plmsmcftb@usmc.mil">plmsmcftb@usmc.mil</a> 830-1696
02/18-02/19	1730-2030	L.I.N.K.S. Foundations for Couples	Education Center, Bldg. 1530	Register for the L.I.N.K.S. Foundations class and learn to navigate the military lifestyle and new duty stations easier! You'll build new networks, friendships and support systems. Registration required by February 13, 2026 by <a href="https://29palms.usmc-mccs.org/calendar-of-events">https://29palms.usmc-mccs.org/calendar-of-events</a> .	Active Duty / Spouse	Samantha Sortino <a href="mailto:plmsmcftb@usmc.mil">plmsmcftb@usmc.mil</a> 830-1696
02/19	0800-1600	Baby Boot Camp	Register for location	Psychoeducational class for expectant/new parents. It includes education on parental self-care and care of a newborn. Register by January 29, 2026 by emailing <a href="mailto:plmsfap@usmc.mil">plmsfap@usmc.mil</a> or calling 760-830-7622.	MCAGCC Patrons (Expectant Parents)	Anna Thomalla <a href="mailto:plmsfap@usmc.mil">plmsfap@usmc.mil</a> 830-7622
02/20	1830-2000	Active Duty Event: Trivia Night	Spike's Place, Bldg 1532	Put your knowledge to the test at Trivia Night at Spike’s Place, where fun facts and friendly competition take center stage. This lively event is free to join and requires no sign-up, so just show up ready to play. Whether you're a trivia buff or just in it for the laughs, it's the perfect way to spend an evening with friends, challenge your brain, and maybe even walk away with bragging rights. Come solo or bring a team—everyone’s welcome!	Active-Duty	Alejandro Galicia, <a href="mailto:alejandro.galicia@usmc-mccs.org">alejandro.galicia@usmc-mccs.org</a> 830-4767
02/20	1700-2000	PREP	Education Center, Bldg. 1530	Prevention and Relationship Enhancement Program (PREP 8.0) will help couples develop an understanding of their personality traits, and how it looks within the realm of relationships. In addition, couples will learn about stress and anger management, goal setting, and communication.	Active Duty / Spouse	Zachery Hill <a href="mailto:zachery.hill@usmc.mil">zachery.hill@usmc.mil</a> 830-3115
02/21	1700-2000	Active Duty Event: Mardi Gras Casino Night	Spike's Place, Bldg 1532	Celebrate Mardi Gras in true Spike’s Place style with our Free Casino Night, where the fun and festivities are as bold as the bayou! Open to all active duty Marines and Sailors, no registration required—just show up ready to play. You’ll use colorful Mardi Gras beads as your currency to try your luck at a variety of classic table games, all while enjoying a delicious Cajun dinner. It’s a night of games, good food, and great company—don’t miss out on the celebration!	Active-Duty	Darryl Elliott, <a href="mailto:darryl.elliott@usmc-mccs.org">darryl.elliott@usmc-mccs.org</a> 830-4767
02/24	1000-1100	Building Networks of Support	Exceptional Family Member Program, Bldg. 1447N	To give families steps towards preparing deployments , identifying child care options and arranging repite care . Help families recognize resouces and supports. Register by February 24, 2026 at <a href="https://tinyurl.com/EFMP-Workshops-Jan2026">Tinyurl.com/EFMP-Workshops-Jan2026</a> .	EFMP Families	Alysia Mayberry-Harris <a href="mailto:alysia.mayberryharri@usmc.mil">alysia.mayberryharri@usmc.mil</a> 830-7740



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02/24	1100-1200	Moms, Pops, and Tots Playcorner	Shadow Mountain Branch Library, Bldg. 692	Moms, Pops & Tots Playcorner is a monthly playgroup that allows parents of children ages 0-3 to receive education and support in parent-child interactions. NPSP Staff will be available on the 2nd & 4th Tuesdays of each month at the Shadow Mountain Branch Library with educational information and activities.	Children (0-3 yrs)	Anna Thomalla plmsfap@usmc.mil 830-7622
02/25-02/27	0800-1600	Classroom Acculturation and College Success (CACS)	Education Center, Bldg. 1530	CACS is a voluntary education certificate program designed to prepare both traditional and nontraditional students for success at any public or private university as well as at any two-year community college. Registration required by February 20, 2026 by calling 760-830-6881.	Active Duty	Erin Keeran erin.keeran@usmc.mil 830-6881
02/25-02/26	2/25: 1430-1530 2/26: 1000-1730	Stuffed Animal Sleepover	Shadow Mountain Branch Library, Bldg. 692	Stuffed Animal Sleepover Program will start off with an hourlong storytime for children & their favorite stuffed animals, to include crafts. The stuffed animals will get to stay at the library overnight causing mischief and having fun. The next day, each child will receive their toy back, with a photo of their toy playing in the library, as well as a gift bag. On the 25th, Storytime will be 1430-1530, while on the 26th patrons can pick up their toy with their gift bag and photo. No registration required.	Children (3-5 yrs)	Ashley Harrell plmsppd@usmc.mil 830-6875
02/26	1000-1100	Special Education Workshop Series: Intro to Special Education (IEPs/IFSPs)	Virtual	This workshop provides an overview of special education services, Individualized Education Programs (IEPs) and Individualized Family Service Plans (IFSPs). Learn the purpose of each plan, eligibility basics, key components, and how families can actively participate and advocate throughout the process. Designed for parents and caregivers seeking a better understanding of special education supports and resources. Register by February 24, 2026 at <a href="https://29palms.usmc-mccs.org/calendar-of-events">https://29palms.usmc-mccs.org/calendar-of-events</a>	EFMP Families	Alysia Mayberry-Harris alysia.mayberryharri@usmc.mil 830-7740
02/27	1100	FAFSA Workshop	Education Center, Bldg. 1530	This FAFSA Workshop is a monthly and open to all eligible base personnel, offering step-by-step guidance on completing the Free Application for Federal Student Aid (FAFSA). The session covers deadlines, documents, and tips for maximizing aid eligibility, helping participants access federal grants, loans, and scholarships for higher education. No registration required.	MCAGCC Patrons	Erin Keeran erin.keeran@usmc.mil 830-6881
02/27	1730-2000	Active Duty Event: Karaoke Night	Spike's Place, Bldg 1532	Get ready to hit the high notes at Karaoke Night, happening on the last Friday of each month at Spike's Place. This lively evening of music and fun is free to participate, and no experience is necessary—just bring your enthusiasm and your favorite song. The sign-up sheet opens at 5:30 PM, and the singing kicks off promptly at 6:00 PM. Be sure to arrive early, as performance spots tend to fill up fast.	Active-Duty	Courtney Chamber courtney.chambers@usmc-mccs.org 830-6608
02/28	1200-2200	Active Duty Trip: Medieval Times	Buena Park, CA	Step back in time for an unforgettable evening at Medieval Times in Buena Park, CA! For just \$62.64, your ticket includes both a thrilling live-action show and a hearty medieval-style dinner. Knights, jousting, and royal pageantry await as you cheer for your champion in an epic battle for glory. Sign-ups begin on February 13 at Spike's Place, Building 1532, so be sure to secure your spot early. This is a one-of-a-kind experience you won't want to miss—perfect for anyone ready to feast and be entertained like royalty.	Active-Duty	Darryl Elliott darryl.elliott@usmc-mccs.org 830-4767
Date	Time	Event Title	Location	Description/Purpose	Target Audience	MCCS Program POC



Date	Time	Event Title	Location	Description/Purpose	Target Audience	MCCS Program POC
All Month	1000-1730	Curbside Crafts	Shadow Mountain Branch Library, Bldg. 692	Curbside Crafts is a Pick-up and go craft program. Patrons can pick-up the supplies needed to make a craft at home. This months craft is to be determined. No registration required.	Families	Ashley Harrell plmsppd@usmc.mil 830-6875
All Month	CCL: 0800-1930, SMBL: 1000-1730	Makerspace	Combat Center Library, Bldg. 1524 & Shadow Mountain Branch Library, Bldg. 692	Learn how to use Makerspace equipment during the library's open hours. We have sewing machines, Cricuts, woodburning tools, art supplies, and more. No registration needed. We will be adding to the collection so join us on the MCCS 29 Palms Library Facebook group to be the first to know! <a href="https://www.facebook.com/share/g/1CfpCWPu9w/">https://www.facebook.com/share/g/1CfpCWPu9w/</a>	MCAGCC Patrons	Julie Bramman & Ashley Harrell plmsppd@usmc.mil 830-4265/6875
All Month	0800-1930	Marine Makers	Combat Center Library, Bldg. 1524	Marine Makers promotes STEAM (Science, Technology, Engineering, Art, and Mathematics) related crafts and activities created specifically for Marines. This month's activity will be Woodburning and Lego Mindstorms. No registration required.	Service Members / Spouses	Julie Bramman plmsppd@usmc.mil 830-4265
Every Monday, Thursday & Friday	Mon: 1500 Thurs: 1100 Fri: 1300	Tuition Assistance Brief	Education Center, Bldg. 1530	Tuition Assistance brief for active duty Marines covers eligibility, application steps, funding limits, and reimbursement policies. How to request TA, complete required training, and work with an Education Counselor. It also highlights selecting accredited schools, aligning education goals with personal & professional advancement. No registration required. Thursday session also available via Zoom ID: 857 8254 0349 / Password: TA	Active Duty	Erin Keeran erin.keeran@usmc.mil 830-6881
Every Tuesday	1100-1200	Warrior Network Group	Education Center (Bldg. 1530)	The Warrior Network Group introduces new personnel to essential programs, services, and community resources that support readiness, resilience, and quality of life. Total of 5 lessons starting with Lesson 1, which is required, is offered on the first Tuesday of each month. Lessons 2 - 5 may be completed on any subsequent Tuesday, allowing flexibility while ensuring. This class is free for Active-Duty only. No sign up needed.	Active-Duty Only	RWS, Jamie Garcia, Jamie.Garcia@usmc-mccs.org
Every Tuesday	1100-1200	Tiny Tales Lapsit	Shadow Mountain Branch Library, Bldg. 692	Shadow Mountain Branch Library every Tuesday for a cozy, in-person story time designed just for ages 0–3! Enjoy tales, early literacy fun, and a chance to bond with your child in a warm, welcoming setting. No registration needed — just drop in and join the magic of storytelling. It's the perfect weekly outing for families with toddlers!	Active Duty/Families/ Children 0-3 yrs	Ashley Harrell plmsppd@usmc.mil 830-6875
Every Wednesday	1430-1530	Storytime	Shadow Mountain Branch Library, Bldg. 692	Join us every Wednesday at the Shadow Mountain Branch Library for an in-person story time designed for children ages 4 and up! Each week features fun stories, interactive moments, and a chance to spark imagination and a love for reading. No registration required	Active Duty/Families/ Children 4+	Ashley Harrell plmsppd@usmc.mil 830-6875
Every Wednesday	1300	GI Bill Workshop	Education Center, Bldg. 1530	This GI Bill workshop gives an overview of education benefits for active duty, retirees, and veterans. Learn about eligibility, transfer options, application steps, and key differences between Post-9/11 and Montgomery GI Bill programs. Gain the knowledge to make informed decisions and maximize education and career opportunities. No registration required.	Active Duty, Veterans, Retirees	Erin Keeran erin.keeran@usmc.mil 830-6881
Every Wednesday & Saturday	1100-1200	Wood Hobby Shop: Safety Class	Wood Hobby Shop (Bldg. 1342)	Woodworking safety class teaches proper techniques to prevent injuries and ensure a safe workspace. Learn tool use, material handling, PPE, and emergency procedures. Gain skills to safely operate saws, drills, and sanders, recognize hazards, and maintain an organized shop. Required for Wood Hobby Shop access. FREE every Wed at 1700 & Sat at 1100. No sign-up needed—just show up! Info: 830-7214.	18+ MCAGCC Patrons (Ages 16-17 w/adult)	Robert Henry Robert.Henry@usmc-mccs.org 830-7214



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Every Thursday	1800-2000	Active Duty Event: Tournament League	Spike's Place, Bldg 1532	February 19 - April 30, suit up and battle it out in the Marvel Rivals Tournament, happening weekly at 6:00 PM. This ffree high-energy competition brings together teams of six to face off in epic showdowns, with each week pushing players closer to ultimate victory. It's a test of teamwork, strategy, and super-powered skill. Sign your team up at Spike's Place February 6. Prize for winning team at the end.	Active-Duty	Alejandro Galicia, alejandro.galicia@usmc-mccs.org 830-4767
Every Thursday	1000-1100	Century Anger Management (CAM)	Education Center, Bldg. 1530	Series of up to 8 classes that reviews tools for anger management examining triggers, personal health, and constructive ways to express frustrations to effectively communicate with others. Feb 5, 2026: Module: Assertive Communication, Feb 12, 2026: Module: Adjust Expectations, Feb 19, 2026: Module: Forgive, But Don’t Forget, Feb 26, 2026: Module: Retreat and Think Things Over.	Service Members / Adult Dependents	Nina Morales & Barbara Griswold plmsfap@usmc.mil 760-830-6345
Every Thursday	1330-1600	Pre-Separations Brief	Career Resource Office, Bldg. 1526	The Pre-Separation Brief is a required step in the transition process. Contact your command for information before registering.	Active Duty	McArthur Wright mcarthur.wright@usmc.mil 830-5955
Every Friday	0900-1200	FAFSA Fridays	Education Center, Bldg. 1530	FAFSA Fridays provide drop-in help for eligible base personnel completing the Free Application for Federal Student Aid (FAFSA). Staff are available to answer questions, review documents, and offer guidance to maximize financial aid for higher education. No registration required.	MCAGCC Eligible Patrons	Erin Keeran erin.keeran@usmc.mil 830-6881
Second and Fourth Monday	1730-2030	Active Duty Event: Dungeons and Dragons	Spike's Place, Bldg 1532	Calling all adventurers! Join us for Dungeons & Dragons sessions held at Spike’s Place on the second and fourth Monday of each month. Whether you're a seasoned dungeon crawler or brand new to the game, all are welcome to roll the dice and dive into epic quests. Bring your imagination, your character sheet (or create one on the spot), and get ready for an evening of storytelling, strategy, and fun.	Active-Duty	Alejandro Galicia, alejandro.galicia@usmc-mccs.org 830-4767
First and Third Sunday	1400-2000	Active Duty Event: Ramen & Reelz	Spike's Place, Bldg 1532	Ramen and Reelz is a free event where everyone can come together to enjoy their favorite anime and warm bowls of ramen. It is designed to build a strong sense of community by giving people a relaxed place to connect and unwind. The event is open to all active-duty service members. Whether someone is a long-time anime fan or completely new to it, Ramen and Reelz encourages everyone to join in and share the experience.	Active-Duty	Alejandro Galicia alejandro.galicia@usmc-mccs.org 830-4767

WEEKLY GROUP EXERCISE SCHEDULE						
Date	Time	Event Title	Location	Description/Purpose	Target Audience	MCCS Program POC
Every Monday	0900 - 1000	Power Hour	Community Center (Bldg. 1004)	Start your week out strong with an interval based class in the Fitness Center (Child room available to keep child(ren) in line of sight). Power Hour is a free class and will be first come first serve.	MCGACC Patrons	Joshua Miller joshua.miller@usmc-mccs.org 830-3910
Every Monday, Wednesday, & Thursday	1130 - 1230	ZUMBA	Community Center (Bldg. 1004)	Tone and sculpt the body with an easy-to-follow class. Aerobic/fitness interval training with a combination of fast and slow rhythms. A \$3 dollar fee to be paid by credit card only for classes on Monday and Wednesdays. All classes will be first come first serve.	MCGACC Patrons	Joshua Miller joshua.miller@usmc-mccs.org 830-3910
Every Wednesday	0900 -0945	AB Attack	Community Center (Bldg. 1004)	A 30-minute focused ab session. Ab Attack is a free class and will be first come first serve. No registration required.	MCGACC Patrons	Joshua Miller joshua.miller@usmc-mccs.org 830-3910

\* Times and dates are subject to change please check https://29palms.usmc-mccs.org for all updates.



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Every Wednesday	1800-1830	Water Aerobics	Training Tank (Bldg. 1502)	Join this 30-minute water aerobics class for a low-impact, total-body workout that improves strength, endurance, and mobility. Water resistance provides effective training while minimizing joint stress. Open to all fitness levels.	MCGACC Patrons	830-6212
Every Thursday	0900-0945	Cycle & Strength	Community Center (Bldg. 1004)	A combination of strength and cardiorespiratory training. Focus on traditional weight room exercises with heart pumping cardio drills on the bike. Cycle and Strength is a free class and will be first come first serve. No registration required.	MCGACC Patrons	Joshua Miller <a href="mailto:joshua.miller@usmc-mccs.org">joshua.miller@usmc-mccs.org</a> 830-3910
Every Friday	0900 - 1000	TGIF	Community Center (Bldg. 1004)	Switch it up with this hard-hitting class to send you strong into the weekend. TGIF is a free class and will be first come first serve. No registration required.	MCGACC Patrons	Joshua Miller <a href="mailto:joshua.miller@usmc-mccs.org">joshua.miller@usmc-mccs.org</a> 830-3910