



# February 2026



<https://29palms.usmc-mccs.org/>

Any questions, email [MCCSOps@usmc-mccs.org](mailto:MCCSOps@usmc-mccs.org)

| Date        | Time                              | Event Title                                    | Location   | Description/Purpose   | Target Audience                    | MCCS Program POC   |
|-------------|-----------------------------------|--|--|---|------------------------------------|--|
| 02/01-02/21 | CCL: 0800-1930<br>SMBL: 1000-1730 | Blind Date with a Book                         | Combat Center Library, Bldg. 1524<br>Shadow Mountain Branch Library, Bldg. 692 | Patrons choose books outside of their normal reading genre. Patrons will choose from a selection of wrapped books which contain a short description of the book on the outside. Patrons can check-out the book, read and write a short review and submit their review for a chance to win a prize basket. This event is for adults only. No registration is required. One prize basket will be awarded at each location.  | Adults                             | Ashley Harrell<br><a href="mailto:plmsppd@usmc.mil">plmsppd@usmc.mil</a><br>830-6875                                     |
| 02/01       | 0800-1300                         | Active Duty Trip: LocalFinds Trip-Yucca Valley | Yucca Valley, CA   | This is a full day of exploring the charm of Old Town Yucca Valley with LocalFinds' free bus trip—no sign-up required, just show up and grab a seat (first come, first served, maximum of 14 participants). 8:00 AM the group will arrive in Old Town, to enjoy the town's antique shops, thrift stores, Route 62 Vintage Marketplace, Frontier Café, Hi-Desert Nature Museum, ArtFx & Furnishings and Gallery 62. The bus departs Yucca Valley at 1:00 PM, aiming to return by 2:00 PM.  | Active-Duty                        | Courtney Chambers,<br><a href="mailto:courtney.chambers@usmc-mccs.org">courtney.chambers@usmc-mccs.org</a> ,<br>830-6608 |
| 02/02       | 1300-1500                         | Employment Workshop                            | Career Resource Office, Bldg. 1526   | This comprehensive workshop will enhance your employability, build your confidence, and prepare you for success. Resume Building/Writing, Job Search & Application Submission, learn effective job search strategies and receive support in applying to job vacancies.<br><br>Register by February 2, 2026 by calling 760-830-4030, emailing <a href="mailto:plmsppd@usmc.mil">plmsppd@usmc.mil</a> , or in-person at CRO.  | MACGCC Patrons                     | Gillian Luera<br><a href="mailto:plmsppd@usmc.mil">plmsppd@usmc.mil</a><br>830-4030                                      |
| 02/03       | 1630-1730                         | Bee Creative                                   | Exceptional Family Member Program, Bldg. 1447N                                 | BEE Creative—This engaging event provided EFMP families and military service members with a safe and welcoming environment to express themselves artistically while building valuable support networks and fostering relationships with other parents.<br><br>Register by calling EFMP at 760-830-7740.   | EFMP Families                      | Alysia Mayberry-Harris<br><a href="mailto:alysia.mayberryharri@usmc.mil">alysia.mayberryharri@usmc.mil</a><br>830-7740   |
| 02/03       | 1000-1100                         | Early Intervention Overview                    | Exceptional Family Member Program, Bldg. 1447N                                 | This event is designed for parents, caregivers, educators, and professionals working with children ages 0–5. Attendees will gain a deeper understanding of how early identification and support can significantly enhance a child's developmental progress and long-term success. Register by February 3, 2026 at <a href="https://tinyurl.com/EFMP-Workshops-Jan2026">tinyurl.com/EFMP-Workshops-Jan2026</a> .   | EFMP Families                      | Alysia Mayberry-Harris<br><a href="mailto:alysia.mayberryharri@usmc.mil">alysia.mayberryharri@usmc.mil</a><br>830-7740   |
| 02/05       | 1700-2000                         | Sit and Paint Night                            | Education Center, Bldg. 1530   | The Substance Assessment and Counseling Program Sit And Paint Night event is open to all MCAGCC patrons. The Sit and Paint Night is an event to provide outreach through art while also learning the importance of substance abuse awareness and the dangers that come with high risk substance abuse through literature and interactive activities. Dinner and non-alcoholic refreshments will be provided. Art supplies and promotion enhancements will be provided.<br><br>Register by January 29, 2026  | MCAGCC Patrons                     | Abel Castro<br><a href="mailto:abel.castro@usmc.mil">abel.castro@usmc.mil</a><br>830-8145                                |
| 02/05       | 1700-1900                         | Family Readiness Binder Making Night           | Education Center, Bldg. 1530   | This is an interactive and informative workshop designed to prepare military families to be “ready for anything”. The event teaches families how to organize and be prepared for a deployment cycle, military life with intermittent and sometimes unexpected trainings, temporary duty assignments and military schools, or everyday civilian life. This class will inform, educate, and assist all attendees with maintaining a current state of readiness. Register by February 4, 2026 at <a href="https://29palms.usmc-mccs.org/calendar-of-events">https://29palms.usmc-mccs.org/calendar-of-events</a> . | MCAGCC Patrons                     | Jeremy Young<br><a href="mailto:jeremy.l.young@usmc.mil">jeremy.l.young@usmc.mil</a><br>830-3674                         |
| 02/05       | 0800-1600                         | Baby Boot Camp                                 | Register for location  | Psychoeducational class for expectant/new parents. It includes education on parental self-care and care of a newborn. Register by January 29, 2025 by emailing <a href="mailto:plmsfap@usmc.mil">plmsfap@usmc.mil</a> or calling 760-830-7622.  | MCAGCC Patrons (Expectant Parents) | Anna Thomalla<br><a href="mailto:plmsfap@usmc.mil">plmsfap@usmc.mil</a><br>830-7622                                      |

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| 02/06       | 1530-1730                         | Teen-Scape   | Shadow Mountain Branch Library, Bldg. 692                                      | The event is designed for teens to explore their creativity in a space just for them. Enjoy unique art and craft events while socializing with friends. The craft for this month will be play detective while enjoying a themed medal. No registration required.   | Children (12-17 yrs) | Ashley Harrell<br>plmsppd@usmc.mil<br>830-6875                       |
| 02/07       | 0800-1300                         | Active Duty Trip: LocalFinds Trip-Joshua Tree            | Joshua Tree, CA  | Join us for a half-day trip to Joshua Tree, California—no sign-up needed, just show up at Spike's Place by 8:00 AM and grab a seat on the bus (first come, first served, with a 14-person limit & free ride). Starting at Joshua Tree Certified Farmers Market. Fresh local produce, handmade goods, desert-grown herbs, and artisan treats. Explore the nearby market, and shops. There's something for everyone. The group reconvenes around 12:30 PM for the return trip, heading back to Spike's Place by 1:00 PM. | Active-Duty          | Courtney Chambers,<br>courtney.chambers@usmc-mccs.org<br>830-6608    |
| 02/08       | 1400-2100                         | Active Duty Trip: Superbowl Party                        | Spike's Place, Bldg 1532   | Join us on February 8th for an epic Super Bowl Party you can cheer on your favorite team with fellow fans. Whether you're in it for the touchdowns, the halftime show, or just the good vibes, we've got you covered. Free food and drinks. Multiple screen viewing experience. No need to RSVP—just show up, bring your team spirit, and get ready for a great time.  | Active-Duty          | Darryl Elliott<br>darryl.elliott@usmc-mccs.org<br>830-4767           |
| 02/09-02/14 | CCL: 0800-1930<br>SMBL: 1000-1730 | Valentine Card Making                                    | Combat Center Library, Bldg. 1524<br>Shadow Mountain Branch Library, Bldg. 694 | Join us at both library locations for Valentine's Day festivities. Shadow Mountain Branch Library will be handing out Valentine's Day crafts and the Combat Center Library will be offering supplies to make your special someone a Valentine's Day card.<br>No registration required.   | MCAGCC Patrons       | Ashley Harrell<br>plmsppd@usmc.mil<br>830-6875                       |
| 02/10       | 1000-1100                         | Managing Deployments                                     | Exceptional Family Member Program, Bldg. 1447N                                 | To give families steps towards preparing deployments, identifying child care options and arranging repite care. Help families recognize resources and supports. Register by February 10, 2026 at <a href="http://tinyurl.com/EFMP-Workshops-Jan2026">tinyurl.com/EFMP-Workshops-Jan2026</a> .  | EFMP Families        | Alysia Mayberry-Harris<br>alysia.mayberryharris@usmc.mil<br>830-7740 |
| 02/10       | 1100-1200                         | Moms, Pops, and Tots Playcorner                          | Shadow Mountain Branch Library, Bldg. 692                                      | Monthly Moms, Pops & Tots Playcorner playgroup allows parents of children ages 0-3 to receive education and support in parent-child interactions. NPSP Staff will be available on the 2nd & 4th Tuesdays of each month at the Shadow Mountain Branch Library with educational information and activities.  | Children (0-3 yrs)   | Anna Thomalla<br>plmsfap@usmc.mil<br>830-7622                        |
| 02/11       | 0900-1030                         | Smooth Move  | Career Resource Office, Bldg. 1526   | Smooth Move event provides service members and their families with mandatory information they need for their Permanent Change of Station (PCS) Move. MCO 1745.11 States that all transferring service members are to attend a mandatory PCS departure workshop 60-90 days prior to transfer. Registration highly encouraged by calling 760-830-6344.   | Active Duty / Spouse | Brittany Rising<br>brittany.rising@usmc.mil<br>830-6344              |
| 02/12       | 1300-1600                         | Spouse Transition & Readiness Seminar (STARS)            | Education Center, Bldg. 1530   | The Spouse Transition and Readiness Seminar (STARS). Offering support and resources not only for the Active-Duty Service Members but also for their spouse and family. By recognizing the comprehensive nature of transition, STARS aims to prepare families for the challenges and opportunities that lie ahead, ensuring a smoother transition for all involved. Registration is recommended by calling 760-830-4030   | Spouses              | Gillian Luera<br>plmsppd@usmc.mil<br>830-4030                        |
| 02/13       | 1700-2300                         | Active Duty Trip: Coachella Valley Firebirds Hockey Game | Palm Desert, CA  | Join us on February 13 for an exciting night of hockey as we head to the Firebirds game, where \$53.89 covers your ticket into the arena. This special game night features a unique giveaway—a Kraken/Firebirds split goalie mask—available while supplies last. It's a great opportunity to experience the energy of live hockey, cheer on the Firebirds, and take home a collectible item. Don't miss out—Sign up January 30 until spots fill.   | Active-Duty          | Darryl Elliott, darryl.elliott@usmc-mccs.org<br>830-4767             |

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|-------------|-----------|---|--|--|------------------------------------|---|
| 02/14       | 1800-2000 | Active Duty Event: Murder at the Heart Break Gala | Spike's Place, Bldg 1532                       | Spike's Place, Murder at the Heart Break Gala, a thrilling murder mystery dinner experience. This free event is open to just 12 participants, so be sure to sign up early—registration begins on January 30, at Spike's Place until spots fill. Whether you're a seasoned sleuth or a first-time detective, come ready to solve the mystery, enjoy the company, and uncover the secrets hidden beneath the surface of the gala.  | Active-Duty                        | Alejandro Galicia alejandro.galicia@usmc-mccs.org 830-4767    |
| 02/16       | 1830-2000 | Active Duty Event: BINGO Night                    | Spike's Place, Bldg 1532                       | Mark your calendars for a fun-filled evening at BINGO Night on February 16! Taking place at Spike's Place, this event is completely free to play and open to active-duty—no sign-up required. Just show up, grab a card, and get ready to shout “BINGO!” as you enjoy a relaxed night of games, laughs, and maybe even a few prizes. Whether you're a seasoned player or a first-timer, it's the perfect way to unwind and connect with your friends.                                  | Active-Duty                        | Darryl Elliott darryl.elliott@usmc-mccs.org, 830-4767         |
| 02/17       | 1300-1500 | Passport to Volunteering                          | Education Center, Bldg. 1530                   | Everything you need to know about serving the Marine Corps & community! Come learn about how to find local volunteer opportunities, maintaining personal volunteer records, volunteer hour time management, and more! Registration required by emailing plmsmcftb@usmc.mil.  | MCAGCC Patrons                     | Samantha Sortino plmsmcftb@usmc.mil 830-1696                  |
| 02/18-02/19 | 1730-2030 | L.I.N.K.S. Foundations for Couples                | Education Center, Bldg. 1530                   | Register for the L.I.N.K.S. Foundations class and learn to navigate the military lifestyle and new duty stations easier! You'll build new networks, friendships and support systems. Registration required by February 13, 2026 by <a href="https://29palms.usmc-mccs.org/calendar-of-events">https://29palms.usmc-mccs.org/calendar-of-events</a> .   | Active Duty / Spouse               | Samantha Sortino plmsmcftb@usmc.mil 830-1696                  |
| 02/19       | 0800-1600 | Baby Boot Camp                                    | Register for location                          | Psychoeducational class for expectant/new parents. It includes education on parental self-care and care of a newborn. Register by January 29, 2026 by emailing plmsfap@usmc.mil or calling 760-830-7622.   | MCAGCC Patrons (Expectant Parents) | Anna Thomalla plmsfap@usmc.mil 830-7622                       |
| 02/20       | 1830-2000 | Active Duty Event: Trivia Night                   | Spike's Place, Bldg 1532                       | Put your knowledge to the test at Trivia Night at Spike's Place, where fun facts and friendly competition take center stage. This lively event is free to join and requires no sign-up, so just show up ready to play. Whether you're a trivia buff or just in it for the laughs, it's the perfect way to spend an evening with friends, challenge your brain, and maybe even walk away with bragging rights. Come solo or bring a team—everyone's welcome!                            | Active-Duty                        | Alejandro Galicia, alejandro.galicia@usmc-mccs.org 830-4767   |
| 02/20       | 1700-2000 | PREP  | Education Center, Bldg. 1530                   | Prevention and Relationship Enhancement Program (PREP 8.0) will help couples develop an understanding of their personality traits, and how it looks within the realm of relationships. In addition, couples will learn about stress and anger management, goal setting, and communication.   | Active Duty / Spouse               | Zachery Hill zachery.hill@usmc.mil 830-3115                   |
| 02/21       | 1700-2000 | Active Duty Event: Mardi Gras Casino Night        | Spike's Place, Bldg 1532                       | Celebrate Mardi Gras in true Spike's Place style with our Free Casino Night, where the fun and festivities are as bold as the bayou! Open to all active duty Marines and Sailors, no registration required—just show up ready to play. You'll use colorful Mardi Gras beads as your currency to try your luck at a variety of classic table games, all while enjoying a delicious Cajun dinner. It's a night of games, good food, and great company—don't miss out on the celebration! | Active-Duty                        | Darryl Elliott, darryl.elliott@usmc-mccs.org 830-4767         |
| 02/24       | 1000-1100 | Building Networks of Support                      | Exceptional Family Member Program, Bldg. 1447N | To give families steps towards preparing deployments , identifiying child care options and arranging repite care . Help families recognize resouces ands supports. Register by February 24, 2026 at <a href="https://tinyurl.com/EFMP-Workshops-Jan2026">Tinyurl.com/EFMP-Workshops-Jan2026</a> .  | EFMP Families                      | Alysia Mayberry-Harris alysia.mayberryharri@usmc.mil 830-7740 |

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|-------------|------------------------------------|--|---|---|--------------------|--|
| 02/24       | 1100-1200                          | Moms, Pops, and Tots Playcorner  | Shadow Mountain Branch Library, Bldg. 692 | Moms, Pops & Tots Playcorner is a monthly playgroup that allows parents of children ages 0-3 to receive education and support in parent-child interactions. NPSP Staff will be available on the 2nd & 4th Tuesdays of each month at the Shadow Mountain Branch Library with educational information and activities.   | Children (0-3 yrs) | Anna Thomalla<br>plmsfap@usmc.mil<br>830-7622                        |
| 02/25-02/27 | 0800-1600                          | Classroom Acculturation and College Success (CACS)                         | Education Center, Bldg. 1530              | CACS is a voluntary education certificate program designed to prepare both traditional and nontraditional students for success at any public or private university as well as at any two-year community college. Registration required by February 20, 2026 by calling 760-830-6881.  | Active Duty        | Erin Keeran<br>erin.keeran@usmc.mil<br>830-6881                      |
| 02/25-02/26 | 2/25: 1430-1530<br>2/26: 1000-1730 | Stuffed Animal Sleepover   | Shadow Mountain Branch Library, Bldg. 692 | Stuffed Animal Sleepover Program will start off with an hourlong storytime for children & their favorite stuffed animals, to include crafts. The stuffed animals will get to stay at the library overnight causing mischief and having fun. The next day, each child will receive their toy back, with a photo of their toy playing in the library, as well as a gift bag. On the 25th, Storytime will be 1430-1530, while on the 26th patrons can pick up their toy with their gift bag and photo. No registration required.   | Children (3-5 yrs) | Ashley Harrell<br>plmsppd@usmc.mil<br>830-6875                       |
| 02/26       | 1000-1100                          | Special Education Workshop Series: Intro to Special Education (IEPs/IFSPs) | Virtual                                   | This workshop provides an overview of special education services, Individualized Education Programs (IEPs) and Individualized Family Service Plans (IFSPs). Learn the purpose of each plan, eligibility basics, key components, and how families can actively participate and advocate throughout the process. Designed for parents and caregivers seeking a better understanding of special education supports and resources. Register by February 24, 2026 at <a href="https://29palms.usmc-mccs.org/calendar-of-events">https://29palms.usmc-mccs.org/calendar-of-events</a> | EFMP Families      | Alysia Mayberry-Harris<br>alysia.mayberryharris@usmc.mil<br>830-7740 |
| 02/27       | 1100                               | FAFSA Workshop   | Education Center, Bldg. 1530              | This FAFSA Workshop is a monthly and open to all eligible base personnel, offering step-by-step guidance on completing the Free Application for Federal Student Aid (FAFSA). The session covers deadlines, documents, and tips for maximizing aid eligibility, helping participants access federal grants, loans, and scholarships for higher education. No registration required.  | MCAGCC Patrons     | Erin Keeran<br>erin.keeran@usmc.mil<br>830-6881                      |
| 02/27       | 1730-2000                          | Active Duty Event: Karaoke Night   | Spike's Place, Bldg 1532                  | Get ready to hit the high notes at Karaoke Night, happening on the last Friday of each month at Spike's Place. This lively evening of music and fun is free to participate, and no experience is necessary—just bring your enthusiasm and your favorite song. The sign-up sheet opens at 5:30 PM, and the singing kicks off promptly at 6:00 PM. Be sure to arrive early, as performance spots tend to fill up fast.  | Active-Duty        | Courtney Chamber<br>courtney.chambers@usmc-mccs.org<br>830-6608      |
| 02/28       | 1200-2200                          | Actice Duty Trip: Medieval Times   | Buena Park, CA                            | Step back in time for an unforgettable evening at Medieval Times in Buena Park, CA! For just \$62.64, your ticket includes both a thrilling live-action show and a hearty medieval-style dinner. Knights, jousting, and royal pageantry await as you cheer for your champion in an epic battle for glory. Sign-ups begin on February 13 at Spike's Place, Building 1532, so be sure to secure your spot early. This is a one-of-a-kind experience you won't want to miss—perfect for anyone ready to feast and be entertained like royalty.                                     | Active-Duty        | Darryl Elliott<br>darryl.elliott@usmc-mccs.org<br>830-4767           |
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| All Month                       | 1000-1730                             | Curbside Crafts               | Shadow Mountain Branch Library, Bldg. 692                                     | Curbside Crafts is a Pick-up and go craft program. Patrons can pick-up the supplies needed to make a craft at home. This months craft is to be determined. No registration required.   | Families                                   | Ashley Harrell<br>plmsppd@usmc.mil<br>830-6875                      |
| All Month                       | CCL: 0800-1930,<br>SMBL: 1000-1730    | Makerspace                    | Combat Center Library, Bldg. 1524 & Shadow Mountain Branch Library, Bldg. 692 | Learn how to use Makerspace equipment during the library's open hours. We have sewing machines, Cricuts, woodburning tools, art supplies, and more. No registration needed. We will be adding to the collection so join us on the MCCS 29 Palms Library Facebook group to be the first to know!<br><a href="https://www.facebook.com/share/g/1CfpCWPU9w/">https://www.facebook.com/share/g/1CfpCWPU9w/</a>                                       | MCAGCC Patrons                             | Julie Bramman & Ashley Harrell<br>plmsppd@usmc.mil<br>830-4265/6875 |
| All Month                       | 0800-1930                             | Marine Makers                 | Combat Center Library, Bldg. 1524   | Marine Makers promotes STEAM (Science, Technology, Engineering, Art, and Mathematics) related crafts and activities created specifically for Marines. This month's activity will be Woodburning and Lego Mindstorms. No registration required.   | Service Members / Spouses                  | Julie Bramman<br>plmsppd@usmc.mil<br>830-4265                       |
| Every Monday, Thursday & Friday | Mon: 1500<br>Thurs: 1100<br>Fri: 1300 | Tuition Assistance Brief      | Education Center, Bldg. 1530  | Tuition Assistance brief for active duty Marines covers eligibility, application steps, funding limits, and reimbursement policies. How to request TA, complete required training, and work with an Education Counselor. It also highlights selecting accredited schools, aligning education goals with personal & professional advancement. No registration required. Thursday session also available via Zoom ID: 857 8254 0349 / Password: TA | Active Duty                                | Erin Keeran<br>erin.keeran@usmc.mil<br>830-6881                     |
| Every Tuesday                   | 1100-1200                             | Warrior Network Group         | Education Center (Bldg. 1530)   | The Warrior Network Group introduces new personnel to essential programs, services, and community resources that support readiness, resilience, and quality of life. Total of 5 lessons starting with Lesson 1, which is required, is offered on the first Tuesday of each month. Lessons 2 - 5 may be completed on any subsequent Tuesday, allowing flexibility while ensuring. This class is free for Active-Duty only. No sign up needed.     | Active-Duty Only                           | RWS, Jamie Garcia,<br>Jamie.Garcia@usmc-mccs.org                    |
| Every Tuesday                   | 1100-1200                             | Tiny Tales Lapsit             | Shadow Mountain Branch Library, Bldg. 692                                     | Shadow Mountain Branch Library every Tuesday for a cozy, in-person story time designed just for ages 0-3! Enjoy tales, early literacy fun, and a chance to bond with your child in a warm, welcoming setting. No registration needed — just drop in and join the magic of storytelling. It's the perfect weekly outing for families with toddlers!   | Active Duty/Families/<br>Children 0-3 yrs  | Ashley Harrell<br>plmsppd@usmc.mil<br>830-6875                      |
| Every Wednesday                 | 1430-1530                             | Storytime                     | Shadow Mountain Branch Library, Bldg. 692                                     | Join us every Wednesday at the Shadow Mountain Branch Library for an in-person story time designed for children ages 4 and up! Each week features fun stories, interactive moments, and a chance to spark imagination and a love for reading. No registration required   | Active Duty/Families/<br>Children 4+       | Ashley Harrell<br>plmsppd@usmc.mil<br>830-6875                      |
| Every Wednesday                 | 1300                                  | GI Bill Workshop              | Education Center, Bldg. 1530  | This GI Bill workshop gives an overview of education benefits for active duty, retirees, and veterans. Learn about eligibility, transfer options, application steps, and key differences between Post-9/11 and Montgomery GI Bill programs. Gain the knowledge to make informed decisions and maximize education and career opportunities. No registration required.   | Active Duty, Veterans, Retirees            | Erin Keeran<br>erin.keeran@usmc.mil<br>830-6881                     |
| Every Wednesday & Saturday      | 1100-1200                             | Wood Hobby Shop: Safety Class | Wood Hobby Shop (Bldg. 1342)  | Woodworking safety class teaches proper techniques to prevent injuries and ensure a safe workspace. Learn tool use, material handling, PPE, and emergency procedures. Gain skills to safely operate saws, drills, and sanders, recognize hazards, and maintain an organized shop. Required for Wood Hobby Shop access. FREE every Wed at 1700 & Sat at 1100. No sign-up needed—just show up! Info: 830-7214.                                     | 18+<br>MCAGCC Patrons (Ages 16-17 w/adult) | Robert Henry<br>Robert.Henry@usmc-mccs.org<br>830-7214              |

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| Every Thursday           | 1800-2000 | Active Duty Event: Tournament League    | Spike's Place, Bldg 1532           | February 19 - April 30, suit up and battle it out in the Marvel Rivals Tournament, happening weekly at 6:00 PM. This free high-energy competition brings together teams of six to face off in epic showdowns, with each week pushing players closer to ultimate victory. It's a test of teamwork, strategy, and super-powered skill. Sign your team up at Spike's Place February 6. Prize for winning team at the end.               | Active-Duty                        | Alejandro Galicia, alejandro.galicia@usmc-mccs.org 830-4767   |
| Every Thursday           | 1000-1100 | Century Anger Management (CAM)          | Education Center, Bldg. 1530       | Series of up to 8 classes that reviews tools for anger management examining triggers, personal health, and constructive ways to express frustrations to effectively communicate with others. Feb 5, 2026: Module: Assertive Communication, Feb 12, 2026: Module: Adjust Expectations, Feb 19, 2026: Module: Forgive, But Don't Forget, Feb 26, 2026: Module: Retreat and Think Things Over.  | Service Members / Adult Dependents | Nina Morales & Barbara Griswold plmsfap@usmc.mil 760-830-6345 |
| Every Thursday           | 1330-1600 | Pre-Separations Brief                   | Career Resource Office, Bldg. 1526 | The Pre-Separation Brief is a required step in the transition process. Contact your command for information before registering.  | Active Duty                        | McArthur Wright mcarthur.wright@usmc.mil 830-5955             |
| Every Friday             | 0900-1200 | FAFSA Fridays                           | Education Center, Bldg. 1530       | FAFSA Fridays provide drop-in help for eligible base personnel completing the Free Application for Federal Student Aid (FAFSA). Staff are available to answer questions, review documents, and offer guidance to maximize financial aid for higher education. No registration required.  | MCAGCC Eligible Patrons            | Erin Keeran erin.keeran@usmc.mil 830-6881                     |
| Second and Fourth Monday | 1730-2030 | Active Duty Event: Dungeons and Dragons | Spike's Place, Bldg 1532           | Calling all adventurers! Join us for Dungeons & Dragons sessions held at Spike's Place on the second and fourth Monday of each month. Whether you're a seasoned dungeon crawler or brand new to the game, all are welcome to roll the dice and dive into epic quests. Bring your imagination, your character sheet (or create one on the spot), and get ready for an evening of storytelling, strategy, and fun.                     | Active-Duty                        | Alejandro Galicia, alejandro.galicia@usmc-mccs.org 830-4767   |
| First and Third Sunday   | 1400-2000 | Active Duty Event: Ramen & Reelz        | Spike's Place, Bldg 1532           | Ramen and Reelz is a free event where everyone can come together to enjoy their favorite anime and warm bowls of ramen. It is designed to build a strong sense of community by giving people a relaxed place to connect and unwind. The event is open to all active-duty service members. Whether someone is a long-time anime fan or completely new to it, Ramen and Reelz encourages everyone to join in and share the experience. | Active-Duty                        | Alejandro Galicia alejandro.galicia@usmc-mccs.org 830-4767    |

| WEEKLY GROUP EXERCISE SCHEDULE      |             |             |                               |   |                 |  |
|-------------------------------------|-------------|-------------|-------------------------------|---|-----------------|--|
| Date                                | Time        | Event Title | Location                      | Description/Purpose   | Target Audience | MCCS Program POC                                   |
| Every Monday                        | 0900 - 1000 | Power Hour  | Community Center (Bldg. 1004) | Start your week out strong with an interval based class in the Fitness Center (Child room available to keep child(ren) in line of sight). Power Hour is a free class and will be first come first serve.  | MCGACC Patrons  | Joshua Miller joshua.miller@usmc-mccs.org 830-3910 |
| Every Monday, Wednesday, & Thursday | 1130 - 1230 | ZUMBA       | Community Center (Bldg. 1004) | Tone and sculpt the body with an easy-to-follow class. Aerobic/fitness interval training with a combination of fast and slow rhythms. A \$3 dollar fee to be paid by credit card only for classes on Monday and Wednesdays. All classes will be first come first serve. | MCGACC Patrons  | Joshua Miller joshua.miller@usmc-mccs.org 830-3910 |
| Every Wednesday                     | 0900 -0945  | AB Attack   | Community Center (Bldg. 1004) | A 30-minute focused ab session. Ab Attack is a free class and will be first come first serve. No registration required.   | MCGACC Patrons  | Joshua Miller joshua.miller@usmc-mccs.org 830-3910 |

# February 2026

<https://29palms.usmc-mccs.org/>

Any questions, email [MCCSOps@usmc-mccs.org](mailto:MCCSOps@usmc-mccs.org)

| Date            | Time        | Event Title      | Location                      | Description/Purpose   | Target Audience | MCCS Program POC  |
|-----------------|-------------|------------------|-------------------------------|---|-----------------|---|
| Every Wednesday | 1800-1830   | Water Aerobics   | Training Tank (Bldg. 1502)    | Join this 30-minute water aerobics class for a low-impact, total-body workout that improves strength, endurance, and mobility. Water resistance provides effective training while minimizing joint stress. Open to all fitness levels.              | MCGACC Patrons  | 830-6212  |
| Every Thursday  | 0900-0945   | Cycle & Strength | Community Center (Bldg. 1004) | A combination of strength and cardiorespiratory training. Focus on traditional weight room exercises with heart pumping cardio drills on the bike. Cycle and Strength is a free class and will be first come first serve. No registration required. | MCGACC Patrons  | Joshua Miller<br><a href="mailto:joshua.miller@usmc-mccs.org">joshua.miller@usmc-mccs.org</a><br>830-3910 |
| Every Friday    | 0900 - 1000 | TGIF             | Community Center (Bldg. 1004) | Switch it up with this hard-hitting class to send you strong into the weekend. TGIF is a free class and will be first come first serve. No registration required.   | MCGACC Patrons  | Joshua Miller<br><a href="mailto:joshua.miller@usmc-mccs.org">joshua.miller@usmc-mccs.org</a><br>830-3910 |